

## What's in the Kit?

- **15 laminated recipes** with step-by-step, easy-to-read, visual instructions for salads, dips, baking and slow-cooker cooking
- Large **durable binder** for storing recipes
- Brightly colored **stainless-steel measuring cups and spoons** that coordinate with the color-coded recipe instructions
- **Helpful kitchen tools:** non-skid cutting mat, dishwasher-safe food prep mat, color-coded plastic measuring cup for liquids, and safe kitchen cutter



Optional  
Two-Handed  
Oven Mitt



## How to Expand Your Kit

Visit our website to learn how to expand your kit with **additional laminated recipe packs** that are hole-punched to add to your binder easily. These recipes are also edge color-coded to file by category. Plus, we offer a **two-handed oven mitt** that's a great addition to the kit.

## For the Classroom

We offer **classroom resources** for teachers to extend learning beyond cooking! These worksheet activities include matching, finding the ingredients, word scrambles, missing letters, and three levels of seek-and-finds.

## Order Your Kit Today!

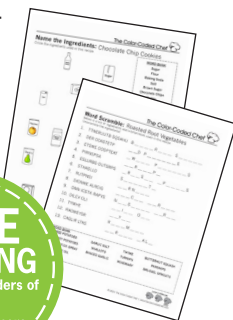
WEB: [www.TheColorCodedChef.com](http://www.TheColorCodedChef.com)

PHONE: 636-422-1515

EMAIL: [orders@TheColorCodedChef.com](mailto:orders@TheColorCodedChef.com)

Terri Jordan, creator and owner

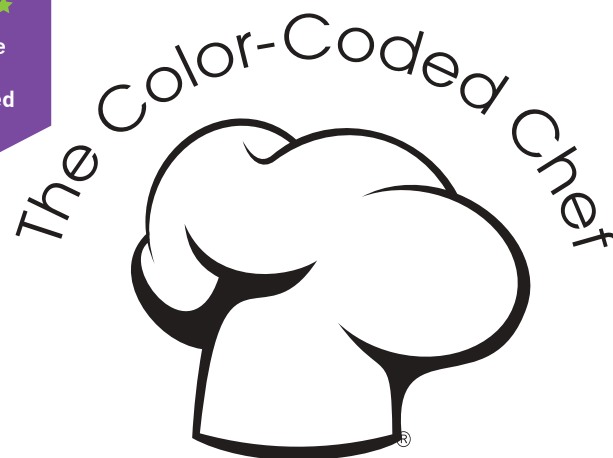
Teacher  
Worksheet  
Pack



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SHIPPING**  
In the US for orders of  
**\$40** or more.



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# COOKING KIT

[www.TheColorCodedChef.com](http://www.TheColorCodedChef.com)

Introducing our innovative cooking kit, designed to make cooking easier. Empower someone you care about to embrace independence through the joy of cooking!



**FREE  
SHIPPING**  
In the US for orders of  
**\$40** or more.

# My Son, Our Story

My son was born with a cleft lip and palate, and doctors were quick to diagnose him with failure to thrive. This was hard news to hear. A few weeks later he was diagnosed with low muscle tone, and doctors said he may never walk. We worked tirelessly with a team of therapists and family members, and several hundred therapy hours later my son took his first step at the age of 3. Around the time that I was hoping to hear my son say “Mama” or “Dada,” the doctors said he had speech apraxia — he could understand words but couldn’t speak. Specialists said if he wasn’t talking by age 5 that most likely he would never talk. Several thousand therapy hours later — at age 8 — my son started speaking. At age 9, I heard “I love you” for the first time.

**We understand the importance of therapy!**

## The Idea Behind the Kit

Like all parents, I wanted my son to acquire basic life skills. So at age 16, we decided to try cooking. I quickly realized he did not understand things like “1/4 cup” or “2 tablespoons” — the measurements kept him from being able to follow traditional recipes. But he did understand color. This was *The Aha Moment* when the idea behind The Color-Coded Chef was born!

After many hours of trial and effort, the idea of this cooking kit became a hands-on reality. And its ultimate goal? To spend quality time together while teaching life skills that build self-esteem and independence. WOW!! What a wonderful way to foster pride and self-worth in a loved one as they accomplish an everyday task!



Over the last several years, we have come so far — *as a family and as a company*. And today, I am proud to say my son assembles The Color-Coded Chef kits for shipment.

## How Does It Work?

The Color-Coded Chef Kit is a collection of recipes with detailed **step-by-step instructions** and simple **illustrations** that make the recipe easy to follow and understand. The Ingredients page can be used as a **grocery list** at the store, then used as a **checklist** when you begin to cook. The kit comes with a **dry-erase marker** so you can easily check off lists on the laminated cards. Wipe off and **reuse**.

Visit [www.TheColorCodedChef.com](http://www.TheColorCodedChef.com) for a sample **Chocolate Chip Cookie recipe!**

In addition to these user-friendly recipes and instructions, the kit includes **color-coded measuring cups** and **spoons** and a collection of safe, easy-to-use **common kitchen utensils** (see back page for full description).

## The Benefits of This Kit

The wonderful thing about The Color-Coded Chef Kit is that there are so many more benefits beyond just learning the practical life skill of cooking. With each recipe, you’re incorporating:

<b>Decision Making</b>	<b>Teamwork</b>	<b>Social Skills</b>
<b>Sequencing</b>	<b>Directions</b>	<b>Safety</b>
<b>Health/Hygiene</b>	<b>Patience</b>	<b>Self-Discipline</b>

## Therapy Opportunities

The more you practice, the better you become at: **Gross and Fine Motor Skills, Speech, Socialization, Teamwork and Behavior**. Plus, when you make your own food, you tend to try more types of food. You open yourself up to new possibilities and you elevate your quality of life.



Ingredients

### Roasted Root Vegetable

